

## Ovarian Cancer Testimonial

I Am 56 years old and postmenopausal. In the fall of 2005, I experienced excruciating episodes of pain in the area of my left ovary. An ultrasound in November revealed a complex cyst obscuring my ovary about the size of a medium grapefruit. My Ca 125 was elevated to 68 (0-35 is normal.) My medical doctor (an internist) said the likelihood was very high it was cancerous and recommended immediate surgery. ("It's now or never.") My gynecologist (also a surgeon) agreed that surgery should be done as quickly as possible. After careful consideration and prayer I decided that, however much time was left to me, I did not want to "go out in pieces." So, I embarked on an intensive alternative program (of which the centerpiece was the natural substance IP-6) with periodic ultrasounds and blood work to monitor my progress. In January of 2006, My CA 125 had dropped to 39 and the volume of the cyst had decreased by 57%. In April, the CA 125 was 14 and there had been a 93% drop in the volume of the cyst. Finally, on July 5<sup>th</sup>, the ultrasound report said the cyst had been "resolved." No sign of it could be found. (The technicians were so astounded they repeated the exam, just to make sure there were no mistakes.) I feel that a death sentence has been lifted from me. My energy, colour and feeling of well-being has completely returned and I am profoundly grateful for the gift of life. The following will provide more information on the lab analyses and my nutritional program.

Date	CA 125 Norm. 0-35	Ultrasound Results	Medical Comments	Vol. Of Cyst % change
Nov. 10, 2005		Large multilocular cyst in left adnexal area. Meas. 8.8 cm in greatest dimension.	Cyst adenocarcinoma is a strong consideration.	(Only one dimension given)
Nov. 22, 2005	68			
Nov. 30, 2005		Complex mass in left adnexa. 8.0x7.1x4.5 cm	Concern for ovarian carcinoma	255.6 cu cm
Jan. 4, 2006	39			
Jan. 26, 2006		Complex cyst measuring 6.2x3.0x6.0 cm	Slight decrease since prev. exam. Structure is very ominous since it contains mural projections, some fairly thick. Neoplasm a definite consideration.	111.6 cu cm 57% drop in volume since Nov. 30, 2005
Feb 22, 2006	21			
April 19 2006	14	Left adnexal complex cystic mass 3.7x3.1x1.6 cm	Interval decrease in size of complex cystic mass – but morphology remains somewhat worrisome.	18.35 cu cm 93% drop in volume since Nov. 30, 2005
July 5, 2006	10	Adnexal areas are unremarkable.	Left sided ovarian cyst seen on previous exam has resolved.	0% cu cm 100% drop in volume since Nov. 30, 2005

### Supporting Nutritional Program:

The supporting nutritional program evolved over the above period of time. Certain supplements had a prominent place right from the beginning; now that the cyst has resolved they continue to be taken as part of an ongoing maintenance schedule. Other supplements were introduced at different times and were taken for varying periods and doses as the need indicated. Thus, the profile went through a series of changes as items were added or dropped or their doses altered. However, all the products taken had their part and each served a useful purpose during the healing process. The following is a listing of the various supplements used at some point in the program. Note that daily vit/mins and other usual additions to the diet were also taken. Colonics were a major help.

IP-6: Centerpiece of program to normalize cells. 40 capsules per day taken for 6 months. 24 caps per day continuing.

Salvestrol – Started later in program. Increased energy and well being. Seems to work synergistically with IP6. Also: Allimax, Berry Green (New Chapters), Dr. Reckeweg R34, Env CI (Kroeger), Friar's balsam, ginko biloba, magnesium tabs/pwd, Pau d'arco tincture, Sun Chlorella liquid extract and tabs.

**M.B. August 1, 2006**